

Information Regarding Home Testing – A guide to help you through this process:



Lateral Flow Device

These are quick antigen devices designed for the detection of those infected but without showing any symptoms. They enable rapid testing from home, without the need for a laboratory. If you have symptoms of Covid you must book a test via www.gov.uk/get-coronavirus-test and follow the current guidelines.

When to test?

Carry out testing twice weekly at home, 3 to 4 days apart. It is recommended the test is carried out on Sunday and Wednesday evenings. The test, once familiar with it, will only take a few minutes to administer. The result will come through on the LFD within 30 minutes.

How do I test?

The information explaining how to conduct the test is in an information booklet given to the student with their test kits.

What if the test is positive?

If the test result is positive the student and their household plus anyone they have been in close contact with in the previous 48 hours need to self-isolate in line with government guidelines at that time. A confirmatory PCR test in the local community needs to be completed. Until the result of the PCR test isolation must continue. If the PCR test result is positive, the 10 day isolation period starts from the LFD test conducted at home for 10 days with day 1 being the day after you received the first positive result. If the PCR test is negative the isolation period stops and everyone can continue with their normal routines. Dispose of the testing kit at home in line with the guidelines in your booklet.

What if the test is negative?

You can dispose of your test in your household waste and carry on as normal. Still maintain the governments 'hands-face-space' approach.

What if the test is void?

If your test is void you can use another LFD to retake the test. Be careful to follow the guidelines in the booklet.

Reporting the result

You are required legally to report the test result whether it is negative, void or positive. You can do this by visiting www.gov.uk/report-covid19-result and following the prompts. If positive you also need to inform school of the result by emailing schooloffice@shoeburyness.southend.sch.uk stating the students name, the date the test was conducted and the test result.

What if my child has had Covid already?

LFD tests are not to be taken if your son or daughter has had Covid within the last 90 days as it is likely to give a false positive result.